



50th Annual Buddhist Study Center Summer Session August 5-9, 2024

“Shifting From ‘Please’ to ‘Thank You’ – A Path to Awakening”

A contemporary interpretation of Shin Buddhism

In ancient times, the unknown world was explained in mythical form with deities and the afterlife being prominent. Relating traditional myths to our modern life has its limits. We will reverse this method of going from the past to the present. By using our current knowledge from science and psychology, we will reveal the practical and spiritual benefits of Shin.

For those seeking solutions to common concerns, Shin has provided a path for ordinary people for 800 years.

Each session will be an interactive workshop that leads to an experience of the benefits of Shin Buddhism. This is a practical guide of how being a Shin Buddhist in the 21st century can resolve many issues.

Rev. Akahoshi’s retreats and workshops use innovative methods that he learned from leading philosophers, psychologists, and Buddhist teachers. Using these interactive methods, he will share an effective, simple practice of gratitude.

Come learn how to bring joy into the flow of ordinary life. For more information and registration, select this link: <https://bschawaii.org>, or contact the Buddhist Study Center. (Times are Hawaii Standard Time)

Held In-person and via Zoom

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| Aug. 5 (Monday) -
6-8pm | Why & How of Gratitude
Practicing the non-practice of gratitude. |
| Aug. 6 (Tuesday) -
6-8pm | Truth: Now and Then
Our understanding of truth has expanded from the Buddha’s time to now. |
| Aug. 7 (Wednesday) -
6-8pm | Who Am I in the World?
Finding my authentic self. |
| Aug. 8 (Thursday) -
6-8pm | Benefits of Shin Buddhism
Current interpretations of ancient rituals. |
| Aug. 9 (Friday) -
6-8pm | Being Sacred in the Profane
Being whole, not holy. |

Rev. Dr. Kenji Akahoshi

Education: Univ California San Francisco Dental School (DDS), Institute of Transpersonal Psychology (MATP), and the Institute of Buddhist Studies (MBS).

Experience: USAF Capt. In Misawa, Japan. 30 years private dental practice in San Jose, California. San Jose Betsuin Board President. Chaplain at the Santa Clara County Juvenile Hall. Former head minister of the Buddhist Temple of San Diego. Retreat leader, author, teacher.

Suggested tax-deductible donation, 5 sessions \$50, single sessions \$10. Checks made out to HHMH.

Direct questions to: **Buddhist Study Center, 1436 University Avenue, Honolulu, HI 96822, Phone: (808) 522-9200**